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## DETECTION OF ANTI-GLYCOLIPID

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gangliosides, or with as yet uncharacterized gangliosides. Alternative liposome agglutination assays have proved difficult to manipulate in terms of consistency and reproducible assays, as well as having  
5 spontaneous agglutination problems which can give false-positives, and stability problems over time.

The present invention discloses an agglutination assay for antiganglioside autoantibody detection and also  
10 discloses that anti-ganglioside antibodies can be detected in samples from subjects presenting neuropathies in celiac disease which may serve as a basis for diagnosis. The new assay described herein can serve as a rapid and effective method for detecting, quantifying or  
15 screening for anti-ganglioside antibodies in patients with acute or chronic immune-mediated neuropathies or other disease producing antiganglioside autoantibodies. It would be particularly useful for detecting antibodies that react with minor, or as yet uncharacterized  
20 gangliosides, or with epitopes shared by several different gangliosides. Further, this invention discloses a method for detecting multiple antiglycolipid antibodies simultaneously, or rapidly detecting single antibodies that bind to multiple gangliosides. A color coding method  
25 disclosed here allows titering of different antibodies simultaneously. The invention is considerably faster and more flexible than the ELISA method currently used.

This invention provides a method of detecting the presence of an antibody directed against a ganglioside in a subject comprising:

- 20 This invention also provides a method of detecting in a subject the presence of at least two different antibodies, each of which antibodies is directed against a different type of ganglioside comprising:

- (a) contacting a liquid sample from the subject with one such type of ganglioside, such ganglioside being affixed to at least two separate solid particles, under conditions permitting the antibody directed against said type of ganglioside if present in the sample to form a complex with the ganglioside, which complex comprises such solid particles;
- (b) contacting such liquid sample with a different

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This invention also provides a method of quantitating the amount of an antibody directed against a ganglioside

(a) contacting a plurality of identical liquid samples from the subject with the ganglioside, each such sample comprising the ganglioside affixed to at least two separate solid particles, such particles having affixed thereto a predetermined amount of such ganglioside, wherein the predetermined amount used to contact each said sample is different, under conditions permitting the antibody if present in the sample to form a complex with the ganglioside, which complex comprises such solid particles; and

(b) detecting the presence in each such sample of any complex formed in step (a), and correlating such detection of complexes in each such sample with a predefined reference standard indicative of the amount of the antibody present in the subject so as to quantitate the amount of the antibody present in the subject.

(a) contacting a plurality of liquid samples from the subject with the ganglioside, each such sample being differently diluted and such ganglioside being affixed to at least two separate solid particles, such particles having affixed thereto a predetermined amount of such ganglioside, wherein the predetermined amount used to contact each said sample is the same, under conditions permitting the antibody if

(b) detecting the presence in each such sample of any complex formed in step (a), and correlating such detection of complexes in each such sample with a predefined reference standard indicative of the amount of the antibody present in the subject so as to quantitate the amount of the antibody present in the subject.

15 This invention further provides the instant methods, wherein the liquid sample is chosen from the group consisting of plasma, saliva, tears, mucosal discharge, urine, peritoneal fluid, cerebrospinal fluid, lymphatic fluid, bone marrow, tissue, lymph nodes or culture media.

25 This invention further provides the instant methods,  
wherein the solid particles comprise carbonsol.

This invention further provides the instant methods,

wherein the ganglioside is chosen from the group consisting of GM1, GM2, GM3, GD1, GD2, GD3, GD1a, GD1b, GT1b or GQ1b.

5 This invention further provides the instant methods, wherein the ganglioside comprises total brain ganglioside extract. This invention further provides the instant method, wherein the source of the extract is a bovid.

10 This invention further provides the instant methods,  
wherein the ganglioside comprises tissue ganglioside  
extract.

This invention further provides the instant methods,  
15 wherein the antiganglioside antibody is an autoantibody.

This invention further provides the instant methods, wherein the antiganglioside antibody is chosen from the group consisting of anti-GM1, anti-GM2, anti-GM3, anti-GD1, anti-GD2, anti-GD3, anti-GD1a, anti-GD1b, anti-GT1b or anti-GQ1b.

This invention further provides a method of diagnosing whether a subject has autoimmune neuropathy, comprising  
25 quantitating the amount of an antibody directed against a ganglioside in the subject using either of the instant methods, wherein the presence of a predefined amount of the antibody indicates that the subject is suffering from autoimmune neuropathy.

This invention further provides the instant method, wherein the neuropathy is Guillain-Barré syndrome.



5 This invention further provides the instant method,  
wherein the neuropathy is a peripheral neuropathic  
disease.

This invention further provides a method of diagnosing whether a subject that has Celiac disease suffers from autoimmune neuropathy, comprising quantitating the amount of an antibody directed against a ganglioside in the subject using either of the instant methods, wherein the presence of a predefined amount of the antibody indicates that the subject is suffering from autoimmune neuropathy.

This invention further provides the instant method, wherein the antibody is directed against GD1a.

25 This invention further provides a method of determining if a subject is predisposed to become afflicted with an autoimmune neuropathy, comprising quantitating the amount of an antibody directed against a ganglioside in the  
30 subject using either of the instant methods, wherein the presence of a predefined amount of the antibody indicates that the subject is predisposed to become afflicted with

an autoimmune neuropathy.

This invention further provides the instant method, wherein the neuropathy is Guillain-Barré syndrome.

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This invention further provides the instant method, wherein the neuropathy is a Guillain-Barré syndrome variant.

10 This invention further provides the instant method,  
wherein the neuropathy is a peripheral neuropathic  
disease.

This invention further provides the instant method,  
15 wherein the neuropathy is a multifocal motor neuropathy.

This invention further provides a method of determining if a subject with Celiac disease is predisposed to become afflicted with an autoimmune neuropathy, comprising  
20 quantitating the amount of an antibody directed against a ganglioside in the subject using either of the instant methods, wherein the presence of a predefined amount of the antibody indicates that the subject is predisposed to become afflicted with an autoimmune neuropathy.

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This invention further provides the instant method, wherein the antibody is directed against GM1.

This invention further provides the instant method,  
30 wherein the antibody is directed against GD1a.

**BRIEF DESCRIPTION OF THE FIGURES**

**FIGURE 1:** Analysis of patient sera with latex agglutination assay and ELISA.

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**FIGURE 2:** Comparison of ELISA and latex agglutination assay in detection of anti-GM1 antibodies in sera of patients with MMN.

10 **FIGURE 3:** Latex agglutination assay in detection of anti-GM1 antibodies in sera of patients with MMN using latex particles coated with different ratios of GM1 to GD1a.

**FIGURE 4:** Analysis of patient sera with ELISA and latex  
15 agglutination assay.

**FIGURE 5:** Comparison of ELISA and latex agglutination assay for antiganglioside antibody-positive sera.

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**DETAILED DESCRIPTION OF THE INVENTION**

5 This invention provides a method of detecting the presence of an antibody directed against a ganglioside in a subject comprising:

- 10 (a) contacting a liquid sample from the subject with the ganglioside, such ganglioside being affixed to at least two separate solid particles, under conditions permitting the antibody if present in the sample to form a complex with the ganglioside, which complex comprises such solid particles; and
- 15 (b) detecting the presence of any complex formed in step (a), wherein the presence of such complexes indicates the presence of the antibody in the subject.

20 Solid particles are generally constructed of unreactive material and are of consistent size, for example 0.3 $\mu$ m diameter latex polystyrene beads. Two separate particles having ganglioside there affixed can be bound by an antibody. In one embodiment ganglioside is covalently affixed to the microparticles. In a different embodiment 25 the ganglioside is not covalently affixed to the microparticle. In one embodiment microparticles comprise polystyrene latex. In one embodiment the microparticles comprise carbonsol.

30 The subject includes, but is not limited to, a human, a primate, a mouse, a rat, a guinea pig or a rabbit. In a preferred embodiment the subject is a human.

30 (a) contacting a liquid sample from the subject with one such type of ganglioside, such ganglioside being affixed to at least two separate solid particles, under conditions permitting the

antibody directed against said type of ganglioside if present in the sample to form a complex with the ganglioside, which complex comprises such solid particles;

5 (b) contacting such liquid sample with a different  
type of ganglioside, such different type of  
ganglioside being affixed to at least two  
separate solid particles, under conditions  
permitting the antibody directed against such  
10 different type of ganglioside if present in the  
sample to form a complex with such different  
type of ganglioside, which complex comprises  
such solid particles; and

15 (c) detecting the presence of any complex formed in step (b) and any complex formed in step (c), wherein the presence of complexes formed in both step (b) and step (c) indicates the presence in the subject of such different antibodies.

20 This invention further provides the instant method,  
wherein steps (a) and (b) are performed simultaneously.

This invention further provides the instant method, wherein the solid particles having affixed thereto said one such type of ganglioside are the same color and the solid particles having affixed thereto said different type of ganglioside are of a different color.

30 Solid particles are generally constructed of unreactive material and are of consistent size, for example 0.3µm diameter latex polystyrene beads. In one embodiment ganglioside is covalently affixed to the microparticles.



5 This invention further provides the instant methods,  
wherein the antibody is directed against one ganglioside.

(a) contacting a plurality of identical liquid samples from the subject with the ganglioside, each such sample comprising the ganglioside affixed to at least two separate solid particles, such particles having affixed thereto a predetermined amount of such ganglioside, wherein the predetermined amount used to contact each said sample is different, under conditions permitting the antibody if present in the sample to form a complex with the ganglioside, which complex comprises such solid particles; and

(b) detecting the presence in each such sample of any complex formed in step (a), and correlating such detection of complexes in each such sample with a predefined reference standard indicative of the amount of the antibody present in the subject so as to quantitate the amount of the antibody present in the subject.

30 This invention also provides a method of quantitating the amount of an antibody directed against a ganglioside present in a subject comprising:





In different embodiments the ganglioside is chosen from the group consisting of GM1, GM2, GM3, GD1, GD2, GD3, GD1a, GD1b, GT1b or GQ1b, where G = ganglioside. In another embodiment the ganglioside comprises total brain ganglioside extract. In a further embodiment the source of the extract is a bovid. In one embodiment the ganglioside comprises tissue ganglioside extract.

In one embodiment the antiganglioside antibody is an autoantibody. In differing embodiments the antiganglioside antibody is chosen from the group consisting of anti-GM1, anti-GM2, anti-GM3, anti-GD1, anti-GD2, anti-GD3, anti-GD1a, anti-GD1b, anti-GT1b or anti-GQ1b, where G = ganglioside. The terms 'antiganglioside antibody' and 'antibody directed against a ganglioside' are used interchangeably.

In one embodiment the sample is human sera. In differing embodiments the sample is chosen from the group consisting of plasma, saliva, tears, mucosal discharge, 20 urine, peritoneal fluid, cerebrospinal fluid, lymphatic fluid, bone marrow, tissue, lymph nodes or culture media.

This invention further provides a method of diagnosing whether a subject has autoimmune neuropathy, comprising quantitating the amount of an antibody directed against a ganglioside in the subject using the instant methods, wherein the presence of a predefined amount of the antibody indicates that the subject is suffering from autoimmune neuropathy. In one embodiment the neuropathy is Guillain-Barré syndrome. In another embodiment the neuropathy is a Guillain-Barré syndrome variant. Examples

This invention further provides a method of determining if a subject is predisposed to become afflicted with an autoimmune neuropathy, comprising quantitating the amount of an antibody directed against a ganglioside in the subject using either of the instant methods, wherein the presence of a predefined amount of the antibody indicates that the subject is predisposed to become afflicted with an autoimmune neuropathy. In one embodiment the neuropathy is Guillain-Barré syndrome. In one embodiment the neuropathy is a Guillain-Barré syndrome variant. Examples of Guillain-Barré syndrome variant include, but are not limited to, acute inflammatory demyelinating polyneuropathy, acute motor axonal neuropathy, Miller Fisher syndrome and acute motor and sensory axonal

neuropathy. In one embodiment the neuropathy is multifocal motor neuropathy. In one embodiment the neuropathic disease is a peripheral neuropathic disease.

5 This invention further provides a method of determining if a subject with Celiac disease is predisposed to become afflicted with an autoimmune neuropathy, comprising quantitating the amount of an antibody directed against a ganglioside in the subject using either of the instant  
10 methods, wherein the presence of a predefined amount of the antibody indicates that the subject is predisposed to become afflicted with an autoimmune neuropathy. In one embodiment the antibody is directed against GM1. In one embodiment the antibody is directed against GD1a. In one  
15 embodiment the subject is known to have Celiac disease. In another embodiment the subject is not known to have Celiac disease.

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This invention will be better understood by reference to the Experimental Details which follow, but those skilled in the art will readily appreciate that the specific experiments detailed are only illustrative of the invention as described more fully in the claims which follow thereafter.

## **EXPERIMENTAL DETAILS**

### **First Series of Experiments**

#### **5    *Materials and Methods***

##### **Serum Samples**

10    Serum samples were obtained from 29 patients; eight with multifocal motor neuropathy (MMN), ten with chronic inflammatory demyelinating polyneuropathy (CIDP), six with amyotrophic lateral sclerosis (ALS), four with demyelinating neuropathy associated with anti-myelin-associated glycoprotein (anti-MAG) antibodies, and one  
15    with Miller Fisher syndrome (MFS). In addition, sera from five normal subjects were evaluated as controls. All patient sera were prepared, aliquoted, and stored at -20 °C.

#### **20    *Preparation of Latex Particles***

Latex beads were coated with GM1 ganglioside by passive adsorption. A 400 mg/mL solution of GM1 ganglioside (Sigma Chemicals, St. Louis, MO) was prepared by  
25    combining 40 mL of a 5 mg/mL stock solution of GM1 in methanol with 210 mL of H<sub>2</sub>O and 250 mL of 100 mM 2-(N-morpholino)ethanesulfonic acid (MES) buffer (pH 6.1). A 1% suspension of 0.3 µm blue polystyrene latex particles (Seradyn Particle Technology, Indianapolis, IN) was  
30    prepared from the 2.5% stock suspension by adding H<sub>2</sub>O. Adsorption of GM1 to the beads was initiated by addition of microparticle suspension to the ganglioside solution, followed by gentle stirring for 4 hours at room

temperature. The suspension was then incubated for 72 hours at 4 °C. The particles were washed twice with a solution of 1% BSA in 25 mM MES buffer (pH 6.1) by centrifugation at 9,800 x g and 4 °C, and resuspended in the same solution. The coated beads were incubated for 48 hours at 4 °C before use. Control latex particles were prepared by coating them with GD1a ganglioside (Sigma Chemicals, St. Louis, MO) in place of GM1, following the same procedure.

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To determine whether titers of anti-GM1 antibodies could be quantified by testing for reactivity with beads containing decreasing concentrations of GM1, sera were tested for agglutination using beads that were coated with varying concentrations of GM1 and GD1a. Preparation of the latex particles was the same as described for GM1, with the difference that increasing quantities of GD1a were used to replace GM1, effectively lowering the concentration of GM1 coated. The following concentrations of GM1 were examined: 100% GM1, 50% GM1, 12% GM1, 6% GM1, 1.5% GM1, 0.75% GM1, and 0% GM1.

## Agglutination Reaction

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On a 3-ring glass slide (Cel-Line, Newfield, NJ), 4.5 mL aliquots of serum were placed. To each ring, 4.5 mL of the coated latex particles was added and mixed thoroughly with a plastic applicator. The slide was rocked gently  
30 for 30 to 40 seconds. Positive agglutination, characterized by blue clumps of beads, indicated the presence of anti-GM1 antibodies. Particle agglutination was more easily visualized when using colored latex beads

### Enzyme-Linked Immunosorbent Assay (ELISA)

15 The presence of anti-GM1 IgM in sera was also measured by  
the commonly used enzyme-linked immunosorbent assay,  
following previously described procedure (11), with minor  
modification. Wells in 96-well round-bottom polystyrene  
microtiter plates (Becton Dickinson, Franklin Lakes, NJ)  
20 were coated with 0.5 mg of GM1 in 100 mL of methanol.  
After evaporation of the methanol, the wells were blocked  
by incubation with 300 mL of 1% bovine serum albumin  
(BSA) in 10 mM phosphate-buffered saline (154 mM NaCl, pH  
7.4) (PBS) for 4 hours at 4 °C, and 100 mL of BSA/PBS-  
25 diluted patient or control serum was added to the wells.  
Wells coated with BSA instead of serum served as control.  
The plates were incubated overnight at 4 °C and then  
washed with the BSA/PBS solution. Antibody binding was  
detected by the addition of 100 mL peroxidase-conjugated  
30 goat anti-human IgM secondary antibody (ICN Biomedicals,  
Costa Mesa, CA) after 1:1000 dilution in BSA/PBS solution  
(a final concentration of 2.14 mg/mL) to each well, and

incubation for 2 hours at 4 °C. Plates were then washed and 100 mL of developing solution comprised of 27 mM citric acid, 50 mM Na<sub>2</sub>HPO<sub>4</sub>, 5.5 mM o-phenylenediamine, and 0.01% H<sub>2</sub>O<sub>2</sub> (pH 5-5.5) was added to each well. The plates were incubated at room temperature for 30 minutes before measuring absorbance at 450 nm. The titer for each specimen was assigned as the highest dilution in which the absorbance reading was 0.1 units greater than in the corresponding BSA-coated wells. Sera with titers of 800 or lower were considered to be negative for the presence of clinically significant amounts of anti-GM1 antibodies, as such titers are also seen in normal subjects (10).

## Results

15 Sera from a total of 34 individuals were examined for  
anti-GM1 antibodies by both the agglutination assay and  
ELISA. Of the eight sera examined from MMN patients, six  
tested positive for anti-GM1 antibodies by the latex  
20 agglutination assay. A ll sera from patients with CIDP,  
ALS, demyelinating neuropathy associated with anti-MAG  
antibodies, and MFS, as well as those from normal  
subjects were found to be negative (FIGURE 1). All  
specimens were tested on at least three different  
25 occasions. The assay proved to have a high  
reproducibility as repeated tests on each serum gave  
identical results, with the rankings remaining the same.

Altering the concentration of coated GM1 antigen led to differences in reactivity with each serum. Undiluted sera with higher titers of anti-GM1 antibodies, as determined by ELISA, caused agglutination of



15 The agglutination assay exhibited equally good or better  
sensitivity when compared to the ELISA system. It gave  
positive results in all 5 of the 8 patients with MMN and  
elevated anti-GM1 antibodies as determined by ELISA, with  
titers ranging between 1,600 and 100,000 (FIGURE 2). One  
20 other patient with MMN was positive by the agglutination  
assay but negative by ELISA, with a titer of 800. The two  
remaining patients with MMN were negative for anti-GM1  
antibodies by both the agglutination and ELISA systems.

The agglutination assay appeared to be highly specific for patients with MMN, with none of the control patients or normal subjects exhibiting positive results. Four specimens with elevated levels of serum IgM and increased  
30 titers of anti-MAG antibodies, as well as a specimen from a patient with Miller Fisher syndrome (MFS) and antibodies against GQ1b ganglioside, tested negative for

Four of the samples that exhibited reactivity to GM1 ganglioside in the agglutination assay were also tested for reactivity with latex particles coated with decreasing concentrations of GM1, in which GD1a was substituted (FIGURE 3). None of the sera caused agglutination with particles coated with 100% GD1a, thus confirming the specificity of the GM1 reaction. On the other hand, all four sera yielded positive results with particles coated with less than 100% GM1; the higher the titer of anti-GM1 antibodies, the lower the concentration of the GM1 antigen that was required to produce agglutination. The serum with the highest concentration of anti-GM1 antibodies, having a titer of 100,000 by ELISA, reacted with beads that were coated with as little as 1.5% GM1.

## DISCUSSION

A novel latex agglutination assay was developed for detection of serum anti-GM1 antibodies. The assay detects a functional antibody-antigen interaction that results in agglutination and compares favorably to the ELISA system in sensitivity and specificity. Additional advantages of the new assay include substantial reduction in the cost and time required for performing the test. Unlike the ELISA, which takes two days to perform and requires a plate reader, the agglutination assay is completed in minutes and requires no special instruments.

The agglutination assay can be readily used to rapidly

screen sera for the presence of anti-GM1 antibodies. In light of the fact that a large number of sera are negative for the presence of anti-GM1 antibodies, the assay aids in screening out negative serum samples. If information on antibody titer is desired, reactive sera can then be tested using the ELISA system, which measures antibody binding at increasing serum dilutions, or by the agglutination assay, which tests for reactivity using microparticles coated with decreasing antigen concentrations.

In addition to testing for antibodies to isolated glycolipids such as GM1, the agglutination assay could be useful in detecting antibody reactivities to one or more antigens in a mixture of glycolipids coated onto the latex particles. This could be used in the form of sensitive assays for detection of antibodies that react with shared epitopes on two or more glycolipids (14), or that recognize conformational epitopes that result from the interaction of two or more neighboring glycolipids (15). It could also be particularly useful in testing for the presence of antibodies directed against previously unrecognized antigenic glycolipids in other immune-mediated disorders.

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## Second Series of Experiments

## 15 MATERIALS AND METHODS

## Serum samples

Serum samples were obtained from 45 patients: twelve with multifocal motor neuropathy (MMN), thirteen with Guillain-Barré syndrome (GBS), ten with chronic inflammatory demyelinating polyneuropathy (CIDP), six with amyotrophic lateral sclerosis (ALS), and four with demyelinating neuropathy associated with anti-myelin-associated glycoprotein (anti-MAG) antibodies. Criteria used for patient classification have been described before (11-14). In addition, serum samples from ten normal subjects were evaluated as controls. All patient sera were stored at -20 °C.

30                   Preparation of Latex Particles

## Agglutination Reaction

30 On a 3-ring glass slide (Cel-Line, Newfield, NJ), 5 mL aliquots of serum were placed. To each ring, 5 mL of the coated latex beads was added and mixed thoroughly with a plastic applicator. The slide was rocked gently for 30

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The presence of antibodies directed against GM1 and GQ1b in sera was determined by the enzyme-linked immunosorbent assay, following previously described procedure (15), with minor modification. Wells in 96-well round-bottom polystyrene microtiter plates (Becton Dickinson, Franklin Lakes, NJ) were coated with 0.5 mg of the individual gangliosides (Sigma Chemicals, St. Louis, MO) in 100 mL of methanol. Wells to which only methanol was added served as controls. After evaporation of the methanol, all wells were blocked by incubation with 300 mL of 1% BSA in 10 mM phosphate-buffered saline (154 mM NaCl, pH 7.4) (PBS) for 4 hours at 4 °C. The plates were incubated overnight at 4 °C, and then washed with the BSA/PBS solution. This was followed by the addition of 100 mL of peroxidase-conjugated goat anti-human IgM or IgG

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## Results

Sera from a total of 55 individuals were examined for anti-ganglioside antibodies by the agglutination immunoassay and ELISA. Of the twelve sera from MMN patients, eight were positive by both the agglutination assay (for anti-ganglioside antibodies), and the ELISA (for anti-GM1 antibodies). Of the thirteen sera from GBS patients, seven were positive for anti-ganglioside antibodies by the agglutination assay, while only four of these were positive for antibodies directed against GM1 or GQ1b by the ELISA system. All sera from patients with CIDP, ALS, and demyelinating neuropathy associated with

MAG antibodies, in addition to those from normal subjects were found to be negative (FIGURE 4). The new assay demonstrated high reproducibility as repeated tests on sera in a period of one week gave identical results, with the rankings staying the same.

With regard to sera from patients with MMN where the antibody is directed against the GM1 ganglioside, the agglutination assay showed equally good sensitivity when compared to the ELISA system. It gave positive results in all 8 of the 12 patients with MMN and elevated titers of anti-GM1 antibodies as determined by ELISA, with titers ranging between 1,600 and 102,400 (FIGURE 5). All serum samples from MMN patients with titers of 800 or less tested negative by the agglutination assay.

In analysis of sera from GBS patients, where the presence of several different anti-ganglioside antibody species have been reported, more patient sera were positive by the agglutination assay than the ELISA system. The two sera with elevated levels of IgG anti-GM1 antibodies and the two with elevated levels of IgG anti-GQ1b antibodies, with titers ranging from 100 to 25,600, as determined by ELISA, also tested positive with the agglutination assay. In addition, three other sera, which were found to be negative for antibodies against GM1 and GQ1b by ELISA, were positive for anti-ganglioside antibodies by the new agglutination assay. The remaining six serum samples were negative by both assays.

With the limited number of samples examined, the new assay demonstrated high specificity for patients with MMN and GBS, as none of the other patients or normal subjects

exhibited positive results. Four sera with elevated levels of serum IgM and increased titers of anti-MAG antibodies tested negative for reactivity to gangliosides with the agglutination assay. Solutions of nonspecific human IgM and IgG in MES buffer (1mg/mL) also yielded negative results when tested with the assay.

#### Multiple antibody detection

We tested sera for antibodies against multiple gangliosides in a single agglutination assay.

#### Materials and Methods

Sera from 256 patients with acute or chronic neuropathies, 6 patients with amyotrophic lateral sclerosis (ALS), and 10 normal subjects were tested for anti-ganglioside antibodies by the agglutination assay. Polystyrene microparticles were coated with a total ganglioside extract from bovine brain. When combined with serum, agglutination of microparticles signaled the presence of anti-ganglioside antibodies. Sera found to be positive by the agglutination assay were also tested by ELISA for IgM, IgG, and IgA antibodies to GM1, GM2, GD1a, GD1b, GQ1b, and GT1b gangliosides. Prior to the study, all sera were tested for anti-GM1 antibodies by ELISA.

#### Results

In the acute neuropathy group, 6 of 11 patients with Guillain-Barré Syndrome (GBS), 2 of 2 with Miller-Fisher

Syndrome (MFS), and 1 with bilateral facial palsy were reactive by the ganglioside agglutination assay. When tested by ELISA, of the 6 GBS sera, 1 was positive for GM1, GM2, and GD1b, 1 for GM1 and GD1b, and 1 for GD1a alone, while 3 were unreactive. Sera from the 3 patients with MFS or bilateral facial palsy all reacted with GQ1b. In the chronic neuropathy group, 12 of 14 patients with multifocal motor neuropathy (MMN), and 5 of 214 patients with other types of neuropathy were positive by the new assay. In the ELISA system, of the 12 reactive MMN sera, 4 were positive for GM1 and GD1b, 3 for GM1 alone, 3 for GM1 and GM2, plus GD1a or GD1b, 1 for GM1, GD1b, and GQ1b, and 1 for GQ1b alone. Of the other 5 reactive sera, the ELISA system demonstrated binding to GM1 and GD1b in one, to GM1 alone in another, and no reactivity in 3. All 16 control sera were negative by the agglutination assay. All sera that were previously known to be positive for GM1 by the ELISA system were also positive by the new assay.

## Discussion

These results show that the ganglioside agglutination system provides a rapid method for detecting antibodies to multiple gangliosides in a single assay. Sera that are positive by the agglutination assay, but negative by ELISA for the individual gangliosides tested, may recognize minor gangliosides or conformational epitopes which are not available in the ELISA system. The assay is useful for screening patients with suspected autoimmune neuropathies, particularly in situations where quick diagnosis is desired, as in the Guillain-Barré syndrome.

Also diagnosis of other autoimmune diseases presenting antiganglioside antibodies may be accelerated using this assay.

5

### Titering by Sera Dilution

Instead of titering with antigens, titers can alternatively be performed using sera dilutions.

10

## Materials and Methods

Such experiments were performed with the following agglutination reaction: On a 3-ring glass slide (Cel-Line, Newfield, NJ), 5 mL aliquots of serum were placed. To each ring, 5 mL of the coated beads was added and mixed with a plastic applicator. The slide was rocked gently for 30 seconds. Positive agglutination, characterized by blue clumps of beads, indicated the presence of anti-ganglioside antibodies. Results were confirmed using a light microscope (x 40 magnification) and scored from 1 to 3 according to the degree of agglutination, where 1 denoted weak agglutination and 3 strong agglutination. In the absence of agglutination, the reaction was considered to be negative. Titration of sera was done only if the screening test was positive. Serial dilutions of sera were prepared in 10 mM phosphate-buffered saline (154 mM NaCl, pH 7.4) (PBS), in multiples of three. The titer for each specimen was assigned as the highest dilution in which the assigned score for the degree of agglutination was 1. All results were confirmed twice to reduce inter-operator

variability.

## Results

5 Sera was drawn from 112 individuals in this study. Sera  
were obtained from 40 patients with Guillain-Barré  
syndrome (GBS). Twenty eight of those in the GBS group  
were classified as acute inflammatory demyelinating  
10 polyneuropathy (AIDP), 7 as acute motor axonal neuropathy  
(AMAN), 1 as acute motor and sensory axonal neuropathy  
(AMSAN), and 4 as Miller Fisher syndrome (MFS). In  
addition, serum samples from 6 patients with amyotrophic  
lateral sclerosis (ALS), 20 patients with multiple  
sclerosis (MS), and 46 normal subjects were evaluated as  
15 controls. Standard ELISA tests were also performed.

Twenty one of the GBS patients (53%) were positive for  
anti-ganglioside antibodies by the agglutination  
immunoassay. Antibody titers ranged from 1 to 48. In  
20 comparison, 17 GBS patients (43%) showed elevated  
antibody levels when tested by ELISA for IgM and IgG  
antibodies against GM1, GM2, GD1a, GD1b, GT1b, and GQ1b,  
with titers ranging from 100 to 25,600. All samples that  
were positive by ELISA were also positive by the  
25 agglutination assay. No binding to GT1b was observed in  
any of the sera. For samples positive by both assays,  
antibody titers determined by sera dilution found with  
the agglutination assay showed correlation with those  
found by ELISA in most cases. All samples from patients  
30 with ALS or MS, or from normal subjects, were found to be  
negative by both assays. Among the 40 GBS sera, 12 of 28  
from AIDP patients (43%), 5 of 7 from AMAN patients

(71%), 3 of 4 from MFS patients (75%), and the one from the AMSAN patient, tested positive for anti-ganglioside antibodies by the agglutination assay.

## 5 Discussion

Measurement of serum anti-ganglioside autoantibody levels is increasingly used in the evaluation of patients with immune-mediated neuropathies. The currently available ELISA systems, however, are relatively time consuming and costly, and their use is limited due to issues of methodology, laboratory variability, and interpretation (16-20). Furthermore, in using these methods, testing against only a few standard gangliosides may miss some of the reactivities, whereas testing against every putative ganglioside antigen is inefficient and not always possible. In this study, a simple and quick agglutination assay capable of detecting a functional antibody-antigen interaction is described.

20 In patients with MMN, where the target antigen is the GM1  
ganglioside, the new agglutination assay and ELISA  
yielded identical results. The degree of agglutination,  
however, was not found to correspond well to antibody  
titers as determined by ELISA, possibly due to  
25 differences in assay conditions. In contrast to the ELISA  
system, which measures binding of highly diluted serum at  
4 °C, the agglutination assay is performed under more  
physiologic elements of temperature and serum  
concentration, and measures a more functional  
30 interaction. The agglutination assay may thus better  
represent the antibody-antigen interaction that takes

place in the human body.

In patients with GBS, the higher positivity rate for the agglutination assay (7/13) in comparison with ELISA (4/13) may be explained by the fact that the new assay detects the presence of all antiganglioside antibodies present in the serum, regardless of specificity or isotype. Sera from patients with GBS may cross react with or have antibodies to multiple gangliosides, including minor ones (21-23), and although most of the antibodies are IgG, antibodies of the IgM and IgA isotype have also been reported (24). We tested the sera against GM1 and GQ1b, which are the most common antigens described, but testing for all other gangliosides was beyond the scope of this study.

The new assay offers several advantages to the currently used ELISA system. It can detect the presence of antibodies to different gangliosides, while requiring only a few minutes to complete, and being more economical. It would be particularly useful in situations where rapid diagnosis and therapy are essential, as in the Guillain-Barré syndrome.

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- 20

Celiac disease is an autoimmune gastrointestinal disorder, mediated by antibodies and T cells, which is provoked by ingestion of gluten proteins present in wheat, barley, and rye. It has been associated with peripheral neuropathy as well other neurological disorders. We analyzed sera from 20 patients with celiac disease for the presence of antiganglioside antibodies by the ganglioside agglutination immunoassay using microparticles coated with a total extract of bovine brain gangliosides. Controls can be taken from patients without celiac disease. Of the 20 sera tested, 5 were reactive by the agglutination assay. Of these 5 reactive sera, 4 were known to have peripheral neuropathy. When tested by ELISA for IgG, IgM, and IgA antibodies against GMI and GD1a gangliosides, one serum was positive for IgG antibodies against GMI and GD1a, one for IgG antibodies to GMI, and a third for IgG antibodies to GD1a. The two sera reactive by agglutination and negative by ELISA probably have antibodies to other, possibly minor gangliosides, or to conformation epitopes not detected by ELISA. The neuropathy associated with celiac disease appears to be associated with antiganglioside antibodies, which may contribute to the disease. The presence of IgG reactivity furthermore implicates a T cell-mediated response to ganglioside antigens.